

Frequently Asked Questions about TUE Administration and TUE Committees

1. Who appoints the TUE Committee (TUEC)?

A National Anti-Doping Organisation (NADO) can appoint the TUEC. In many instances, a separate body, such as a Ministry, appoints the TUEC to ensure total independence.

2. If a NADO appoints the TUEC, is it operationally independent?

Yes, it should operate independently and its decision should not be influenced by the NADO or any outside bodies. The TUEC members need to sign a *Code of Confidentiality* and *Conflict of Interest* form and will need to be given the *Terms of Reference*.

3. Who comprise a TUEC?

At least three medical doctors with a sound knowledge of clinical, sports and exercise medicine.

4. Can someone in the NADO be a Secretary in the Committee?

No. The TUEC makes the decision independently and can inform the staff handling the TUE administration in the NADO

5. Does a TUEC Member need to attend a TUE Course?

Yes. All members have to attend a TUE course to qualify as a TUEC member. These include taking the course in ADeL for medical professionals and/or enrolling in a TUE course organized by an ADO

6. Can doctors serving the National Olympic Committee (NOC) be in the committee?

Very often doctors serving the NOC follow national teams for games and as such, they cannot serve in the TUEC. TUEC member must sign a conflict of interests document.

7. Can doctors serving the National Federation be in the committee?

Similar to the previous question, as there is a conflict of interest, they cannot.

8. What is the number of doctors required to form a TUEC?

Three.

9. Why is it necessary to know what specialisation a doctor is to be in the TUEC?

The doctor with a specific specialisation (e.g. Cardiologist) will be more familiar with the medication taken (if the athlete has taken a cardiac medication), its effect on performance, and/or other alternatives available.

10. Are TUEC members paid for their services?

It is entirely up to the NADOs. In some NADOs, the TUEC serves on a pro-bono basis with the NADOs sending them for TUE-related seminars, training etc. In other NADOs, the TUEC members are paid a small stipend for the cases heard.

11. Can an athlete appeal on a TUE decision? If so, who does he/she appeal to?

Yes, an athlete can appeal to the NADO TUE Appeal Committee. All three members in the TUE Appeal Committee cannot be in the TUEC that reviewed the case earlier.

12. How long is a term for a TUEC?

Usually two years, with the term being renewable.

13. Who will receive the information on submission of TUE for Major Games?

Usually the National Olympic Committee (NOC) or National Paralympic Committee (NPC) will receive it and who will need to send to all National Federations and NADO. NADOs must work closely with the NOC/NPC and NFs as an athlete may already have a TUE granted in ADAMS.

14. Where can an athlete find information on the process of a TUE application and to obtain the TUE application form?

All NADOs must have it on their website so that their athletes have easy access.

15. Upon submission, is there a time frame where the TUEC need to make a decision?

The maximum amount of time given according to the ISTUE is 21 days, unless there is an exception.

However, it is recommended that TUEC decisions be done as soon as possible

16. What if a TUE is refused?

The reason for refusal needs to be explained to the athlete by the NADO. The athlete should also be informed on the possibility for appeal and its process.

17. Upon the approval of the TUE, what is the role of the NADO?

The NADO needs to inform the athlete and National Federation of the TUE approval. The NADO should provide Athletes the necessary information and education such as how long the TUE is valid for; when to renew; to inform the NADO if their dosage changes as they may be required to reapply. Athletes should also made to be aware to put the necessary medical information (medications they are taking) on the Doping Control Form (DCF) if they are selected for doping control.

18. What if the athlete's TUE expire?

The NADO need to inform the athlete that he/she is required to renew the TUE. It is also the athlete's responsibility to renew (if needed). The renewal must include updated medical information.

19. What is the role of the TUE Administrator in a NADO?

The TUE administrator should help athletes through the basics of the TUE process and ensure that there is adequate medical information before TUE application is sent to a TUE Committee review.

In addition, the TUE Administrator is the point of contact with Athletes, National Federation and NOC; communicate with the TUEC (especially the Chair, TUEC) especially if additional documents are required; ensure TUEC decision is input in ADAMS; communicate with the athlete and NF on the TUEC decision

20. How can an international athlete in my country know if the TUE is accepted by his/her International Federation?

Check the appropriate IF website to see if your athlete's TUE will be automatically recognised and contact the IF directly

21. Where can I find more information on TUE?

More information can be found on the Code Implementation Support Programme (CISP) on [ADeL](#) or in the ISTUE Guidelines on the WADA website.