



AGENCY ANTI-DOPING OF MALAYSIA

EDUCATION REPORT 2021

ANNUAL REPORT ON THE IMPLEMENTATION OF THE 2021 ADAMAS EDUCATION PROGRAM

The Agency Anti-Doping of Malaysian (ADAMAS) is an authority body responsible for anti-doping matters in Malaysia, under the supervision of the Ministry of Youth and Sports Malaysia.

The main functions of ADAMAS are:-

1. Responsible for comprehensive anti-doping education, prevention and awareness based on the International Standard of Education (ISE).
2. Responsible for the implementation of anti-doping testing in and out of competition at all levels of athletes.
3. Compliance with and World Anti-Doping Code 2021 (WADC 2021) and International Standard on Anti-Doping.
4. Exceptions to Therapeutic use.
5. Establish strong collaborative relationships with stakeholders at the national and international levels.
6. Provide consultation regarding Decision Management for positive cases in doping.

ADAMAS EDUCATION PROGRAMS 2021

TARGET GROUP	EDUCATION ACTIVITY	IMPLEMENTATION IN 2021
1. Recreational / Mass Sport & Grassroots / School	➤ In-person workshop (value based education)	✓ 14 programs
2. Youth athletes / Club	➤ Social Media Campaign (Awareness raising)	✓ Edu Info / News Graphic Design and ADAMAS Education Video
3. National Athletes development program	➤ In-persons workshop (anti-doping education, value based education)	✓ 7 programs
4. National Athlete & Elite Athlete	➤ e-Learning (anti-doping education) ➤ webinar	✓ 1 program
5. Registered testing Pool (RTP)	➤ E-Learning anti-doping education (ADEL). ➤ webinar	✓ 2 programs
6. Athletes Support Personnel & National Sports Academy	➤ In-person workshop for national level coaches. ➤ Sports Science Courses handle by National Sports Caching (anti-doping)	✓ 22 programs
7. Athletes returning from sanction	➤ E-Learning (ADEL): value based education on anti-doping.	❖ Postponed due to Covid-19. Will be done in 2022
8. ADAMAS Educators	➤ In-persons workshop (anti-doping education, value based education)	✓ 2 programs
9. RM Committee	➤ In-persons workshop	✓ 1 program
10. Outreach	➤ Social Media Campaign (Awareness raising)	✓ 2 programs
11. Social Media (SOCMED)	➤ Social Media Campaign (Awareness raising)	✓ FACEBOOK- 2300 followers ✓ INSTAGRAM – 723 followers ✓ TWITTER – 167 followers ✓ EDU INFO – 35 Design ✓ EDU NEWS - 62 Design

List of Athletes who will / have completed their suspension (Cases 2017 to 2019):

1. Year 2020 - 3 athletes

2. Year 2021 - 2 athletes

3. Year 2022 - 7 athletes

4. Year 2023 - 2 athletes

- ❖ One (1) workshop (face to face) on anti-doping education / value based education will be conducted in early 2022 for 12 people (accept case completed in 2023)

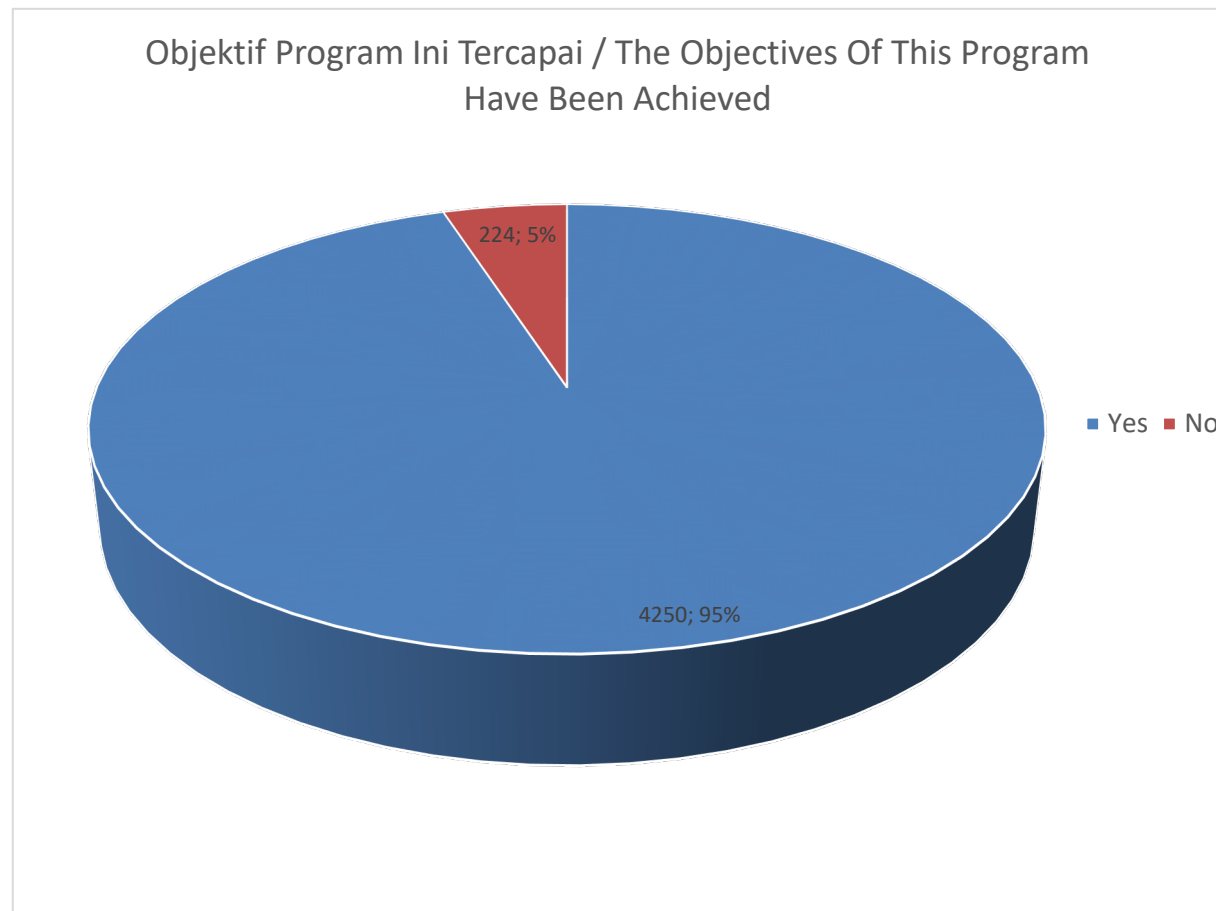
List of Athletes Involved

YEAR OF SANCTION	NAME	GENDER	SPORT
2017	HAFIFI MANSOR	M	WEIGHTLIFTING
2017	MOHD SHAHRUL AFIZA	M	CYCLING

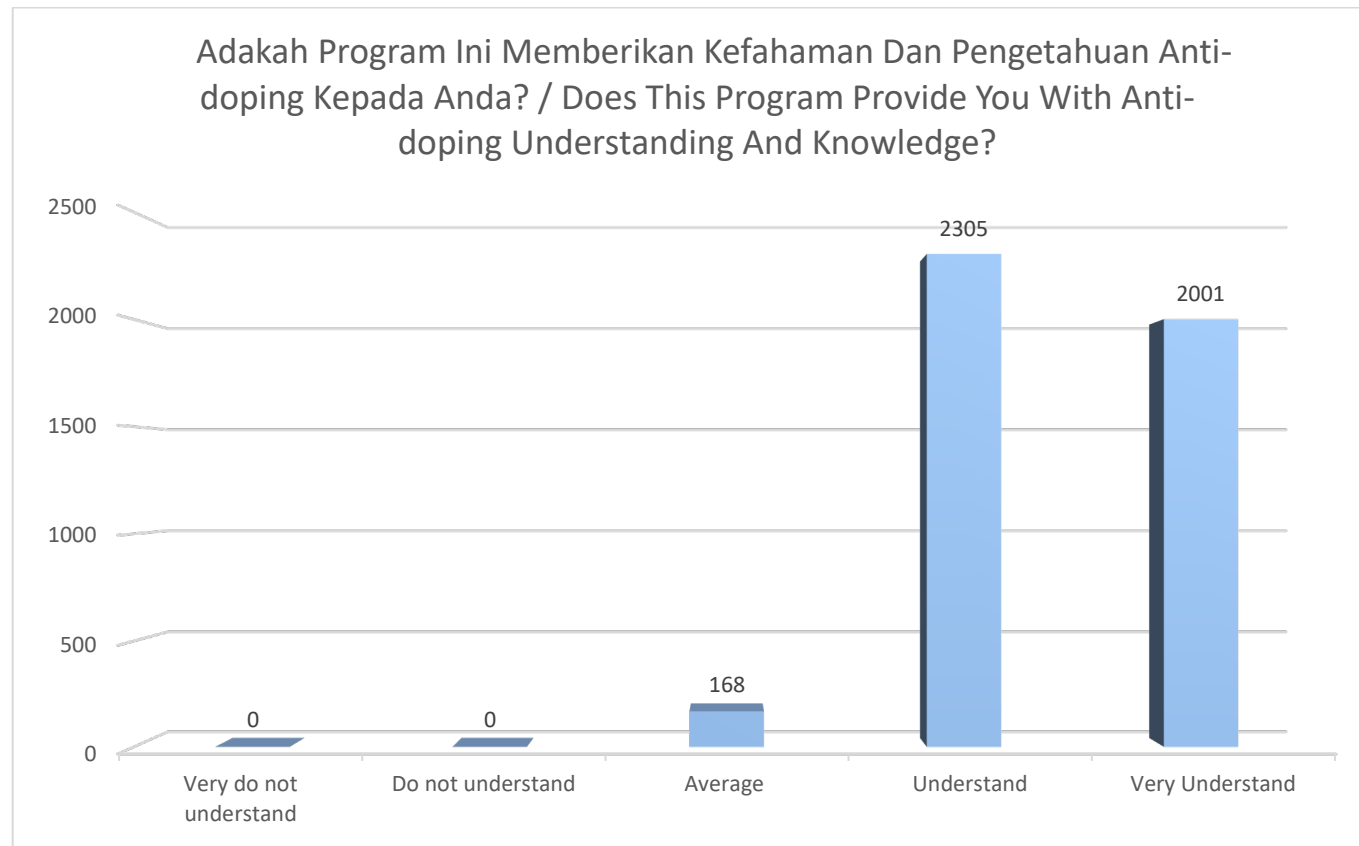
YEAR OF SANCTION	NAME	GENDER	SPORT
2018	AHMAD SYIHAN HAZMI	M	FOOTBALL
2018	MUHAMMAD IKBAL KAMARUDIN	M	ATHLETICS

2018	MOHAMAD FAZRUL AZRIE MOHDAD	M	WEIGHTLIFTING
2018	MUHAMAD HAKIMIE HAIKAL BIN NORDIN (MINOR)	M	WEIGHTLIFTING
2018	MUHAMMAD ZAIDI BIN MOHD NORDIN	M	WEIGHTLIFTING
2018	RONNY BIN JESOS	M	WEIGHTLIFTING
2018	WONG SHI QI (MINOR)	F	AQUATICS (SWIMMING)
2018	WONG LAN GIT	M	BODYBUILDING
2018	MUHAMMAD AMIRUL ARIF BIN ZARIR	M	WEIGHTLIFTING
2018	NURUL AFIQAH MUHAMMAD ZAMZURI	F	WEIGHTLIFTING
2018	MUHAMMAD AZFAR BIN KAMARUDDIN	M	WEIGHTLIFTING
2018	MOHD FAIZ HUSSAIN	M	PARA POWERLIFTING

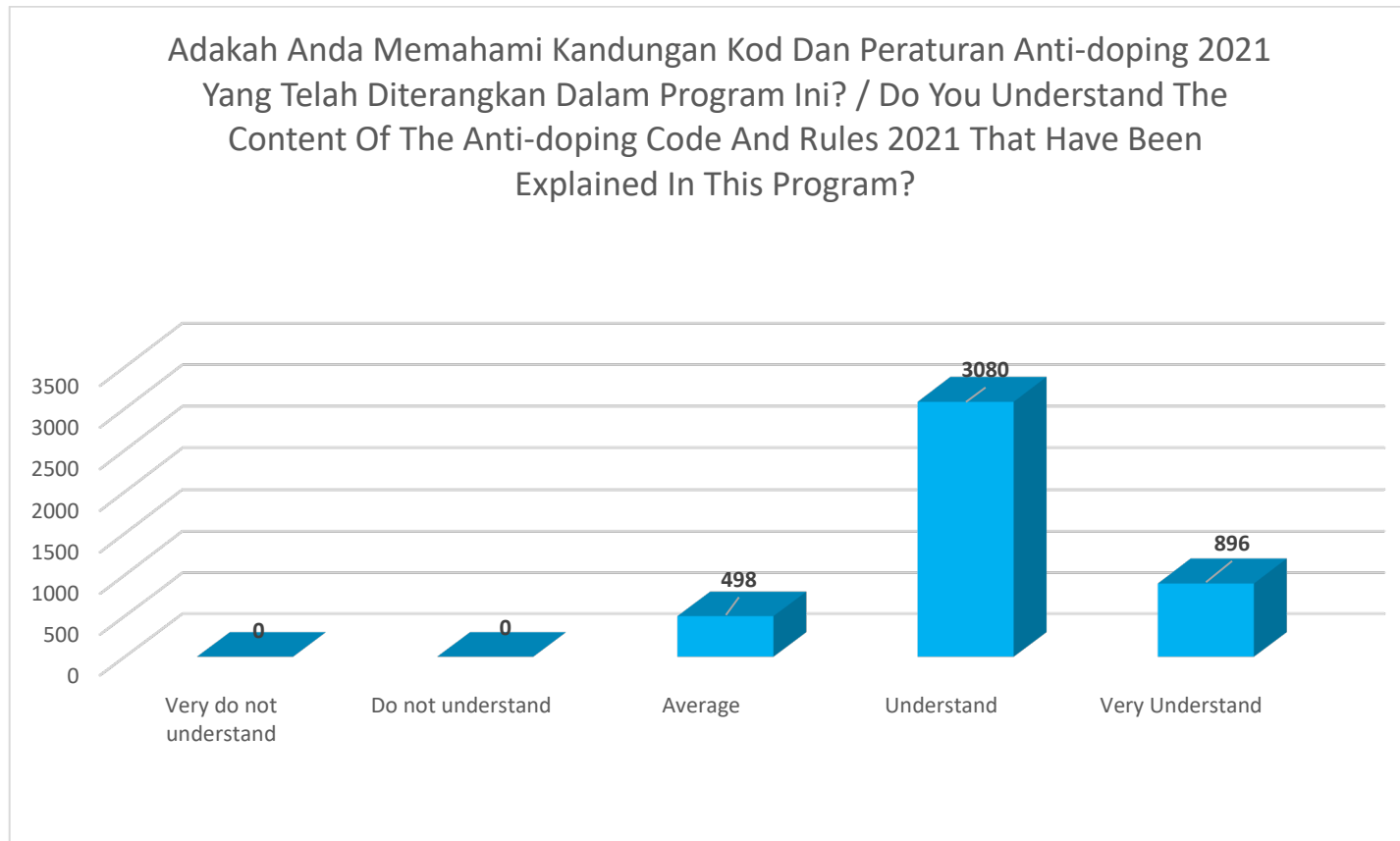
1. Objektif program tercapai / objectives of program have been achieved



2. Adakah program ini memberikan kefahaman dan pengetahuan anti-doping kepada anda? / Does this program provide you with anti-doping understanding and knowledge?

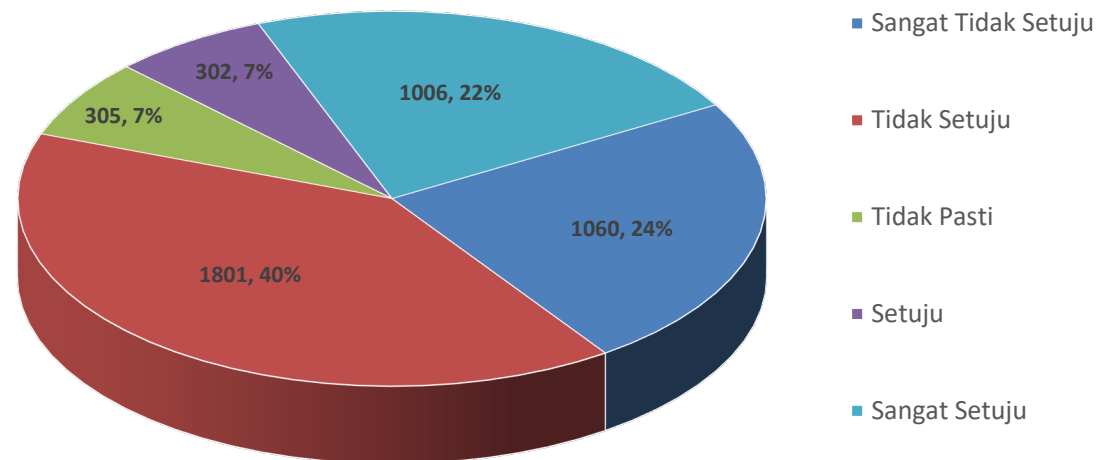


3. Adakah anda memahami kandungan kod dan peraturan anti-doping 2021 yang telah diterangkan dalam program ini? / Do you understand the content of the anti-doping code and rules 2021 that have been explained in this program?

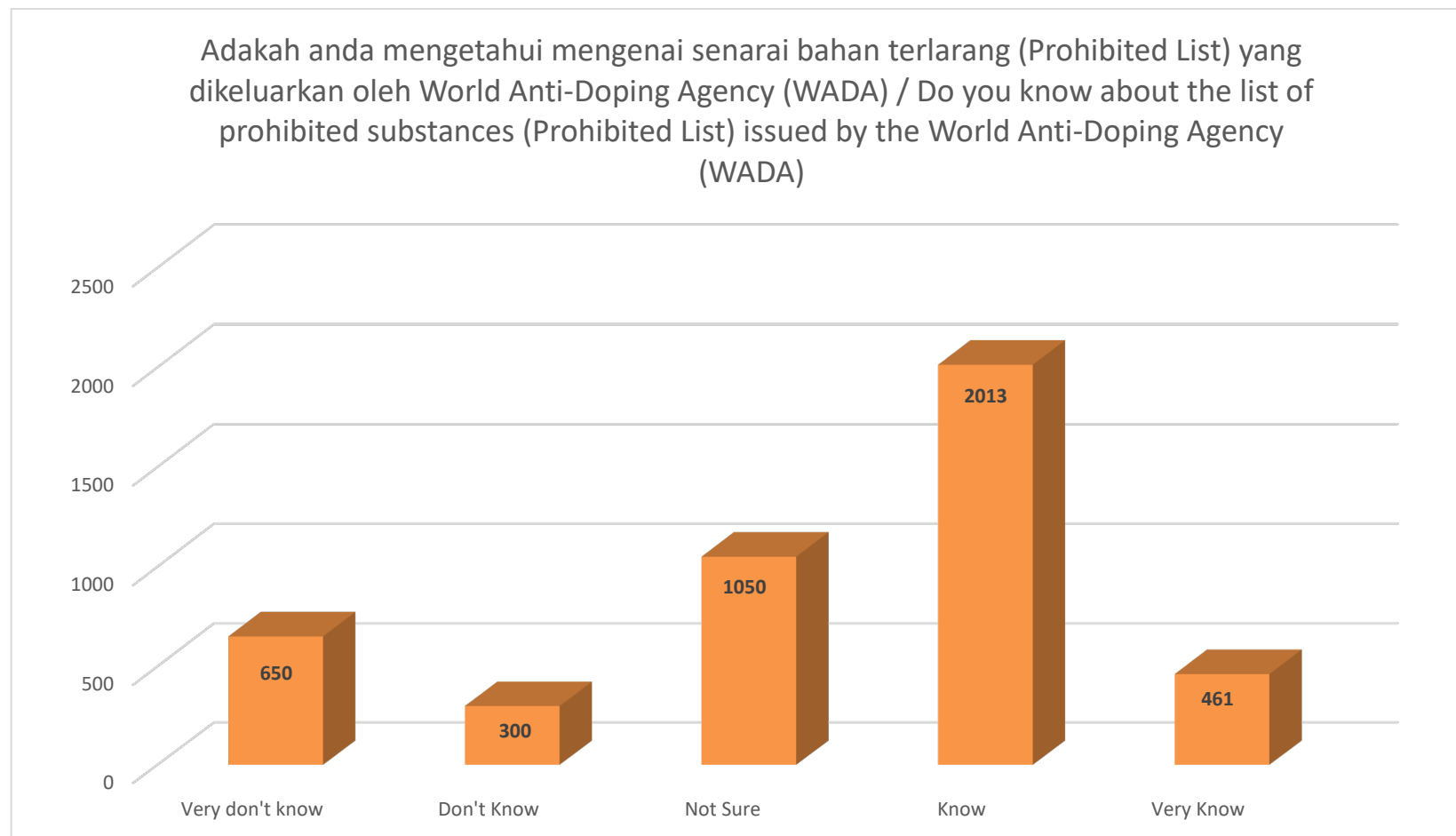


4. Adakah kesedaran mengenai kepentingan anti-doping masih kurang dalam kalangan atlet dan penggiat sukan? Is awareness on the importance of anti-doping is still lacking among athletes and sports activists?

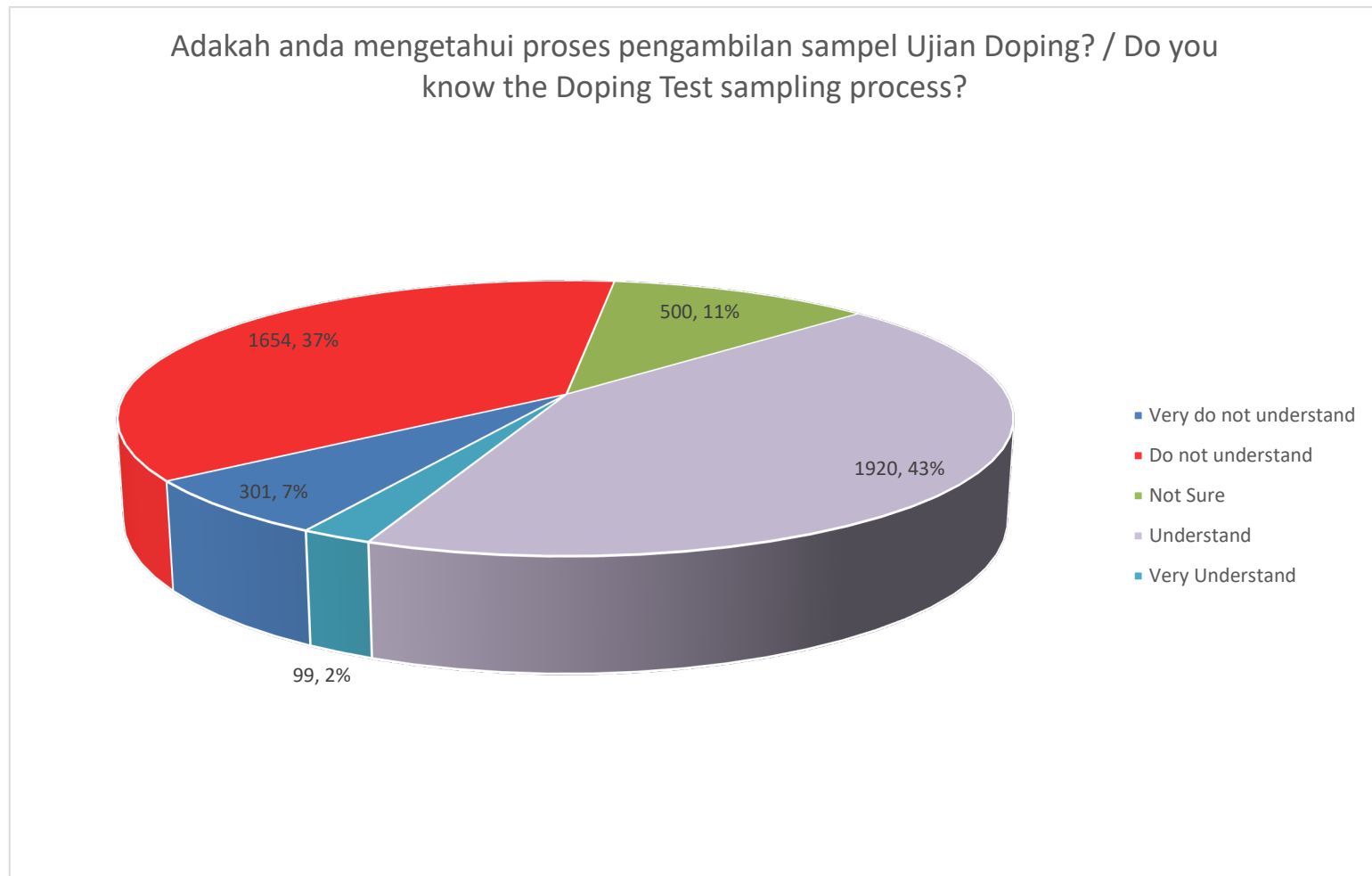
Adakah Kesedaran Mengenai Kepentingan Anti-Doping Masih Kurang Dalam Kalangan Atlet Dan Penggiat Sukan? Is Awareness On The Importance Of Anti-Doping Is Still Lacking Among Athletes And Sports Activists?



5. Adakah anda mengetahui mengenai senarai bahan terlarang (Prohibited List) yang dikeluarkan oleh World Anti-Doping Agency (WADA) / Do you know about the list of prohibited substances (Prohibited List) issued by the World Anti-Doping Agency (WADA).

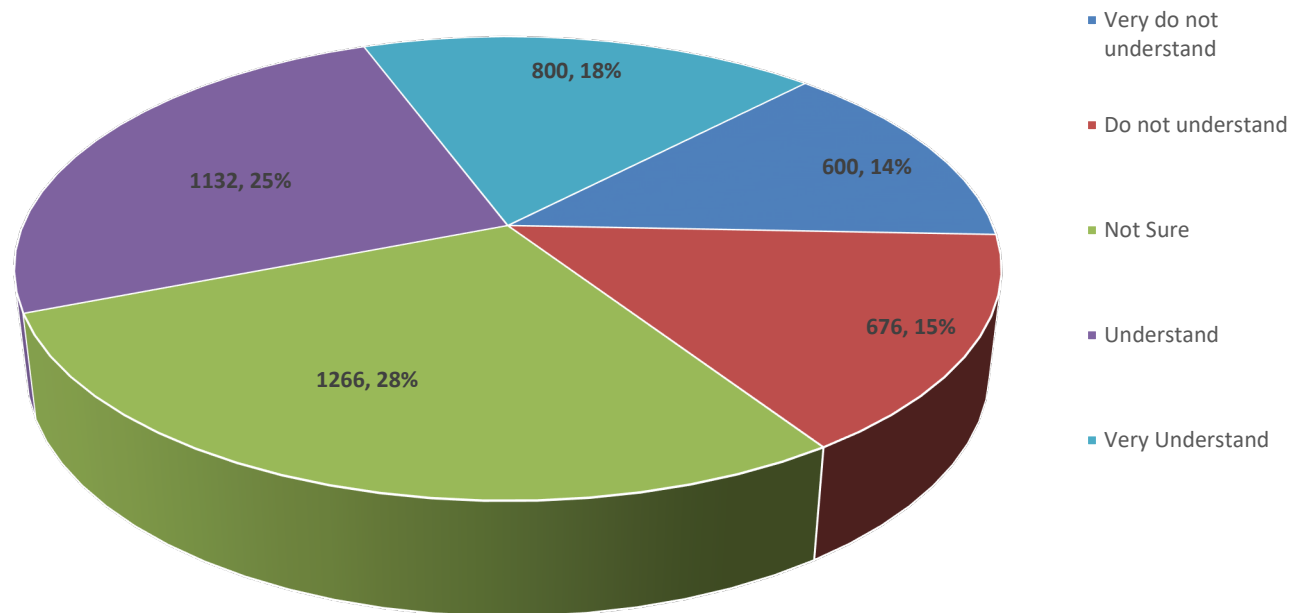


6. Adakah anda memahami proses pengambilan sampel Ujian Doping? / Do you know the Doping Test sampling process?

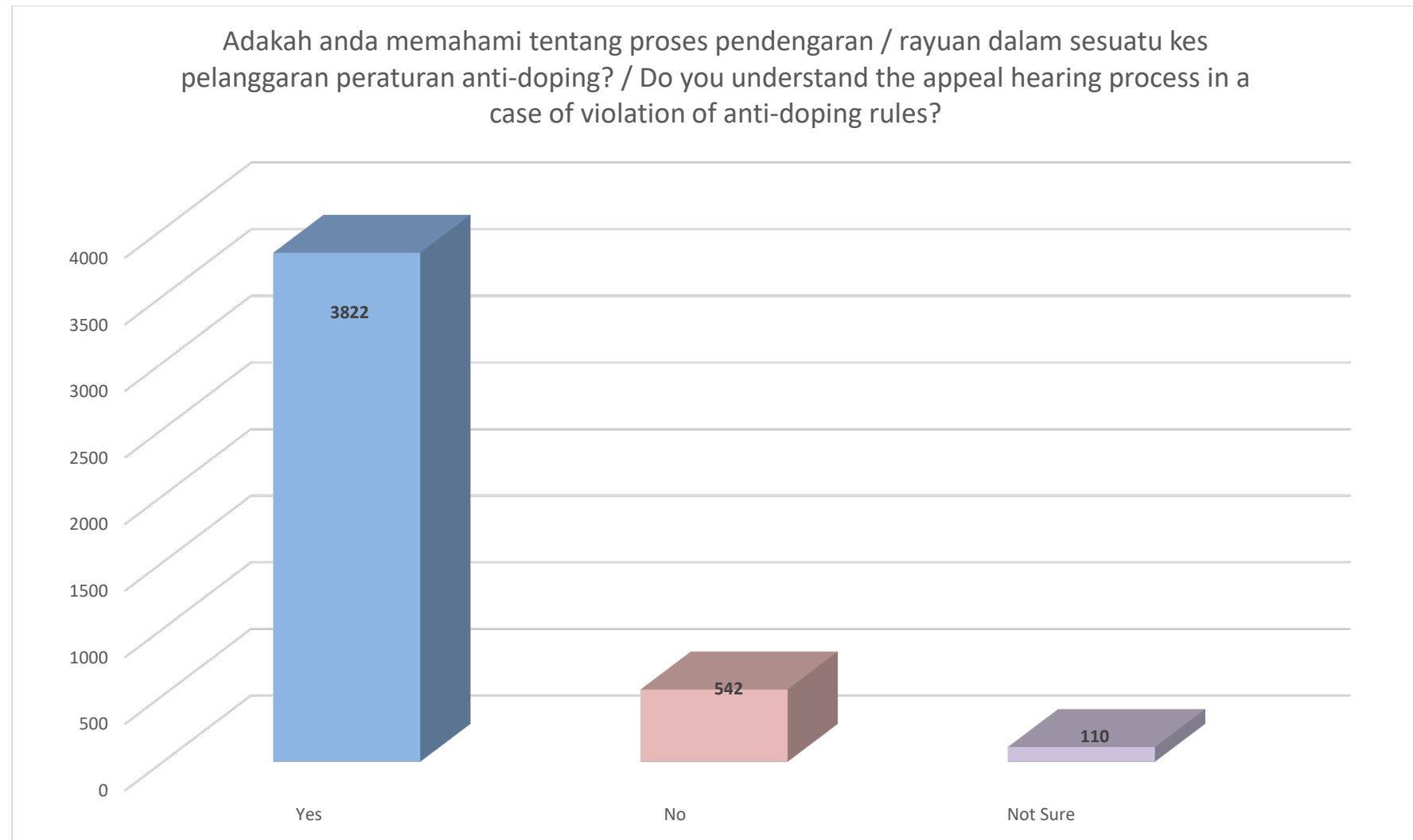


7. Adakah anda memahami tentang prosedur permohonan Pengecualian Penggunaan Terapeutik (Therapeutic Use Exemption (TUE) / Do you know about the Therapeutic Use Exemption (TUE) application procedure?

Adakah anda memahami tentang prosedur permohonan Pengecualian Penggunaan Terapeutik (Therapeutic Use Exemption (TUE) / Do you know about the Therapeutic Use Exemption (TUE) application procedure?



8. Adakah anda memahami tentang proses pendengaran / rayuan dalam sesuatu kes pelanggaran peraturan anti-doping? / Do you understand the appeal hearing process in a case of violation of anti-doping rules?



LIST OF EDUCATION PROGRAMS

BIL	BULAN	Nama Program	Tempat	Jumlah Penyertaan	Target Group
1.	JAN	Webinar Refresher Course Educators Agensi Anti-Doping Malaysia (Adamas)	Zoom Meeting	30 Educators	Educators / ASP
2.		Kursus Sains Sukan Tahap I	Kolej Universiti Tati, Kemaman, Terengganu	38	Peserta Kursus Sains Sukan
3.		Kursus Sains Sukan Tahap I	IKBN Seri Iskandar, Perak	25	Peserta Kursus Sains Sukan
4.	FEB	Taklimat Anti-Doping Dan Pemakanan Semasa PKP Kepada Atlet Memanah	Zoom Webinar	35	Jurulatih & Atlet
5.		Taklimat Anti-Doping Dan Pemakanan Semasa PKP Kepada Atlet Menembak	Zoom Webinar	12	Jurulatih & Atlet
6.	MAC	Adamas Webinar Series: Sports Integrity: Is Our Sports Clean?	Zoom Webinar	952 Peserta	Pelbagai Agensi/Komuniti
7.		Ceramah Pendidikan Anti-Doping Bagi Kursus Kejurulatihan Spesifik Sukan Bina Badan Tahap 1	International Youth Centre (IYC), Cheras	80 Peserta	Jurulatih Atlet Rekreasi Dan Gimnasium Komersial
8.		Webinar Pendidikan Asas Anti-Doping	Zoom Webinar	64 Peserta	Atlet, Jurulatih Dan Pegawai Dari Persatuan Sukan (Petanque, Boling Padang, Tenpin Boling, Muay Thai, Wushu)
9.		Memberi Talk Anti-Doping Kepada Atlet Memanah Sempurna Kem Latihan Fasa 1 Di PKSA	Zoom Webinar	27	Jurulatih & Atlet
10.		Kursus Sains Sukan Tahap I	Online (Webex Meeting)	62	Peserta Kursus Sains Sukan

11.	APR	Outreach: Kejohanan Angkat Berat Remaja Kebangsaan 2021 & Kejohanan Dalam Pemilihan Atlet Ke Sukan SEA 2021 Vietnam	Dewan Ibu Pejabat Polis Daerah Jasin, Melaka	111 Peserta	Atlet, Jurulatih Dan Pegawai Sokongan Sukan Angkat Berat
12.		Webinar Pendidikan Asas Anti-Doping	Zoom Webinar	82 Peserta	Atlet, Jurulatih Dan Pegawai Sokongan Sukan <i>Dancesport</i> Malaysia
13.		"Coaches Responsibilities In Anti-Doping Managemnet" Wilayah Persekutuan Sports Development And Coaching Seminar 2021	Hotel Pullman, Bangsar	127 Peserta	Jurulatih Sukma Dan Bakat Wilayah Persekutuan
14.		Outreach: 2nd Malaysia Open Grand Prix Olahraga	Stadium Mini, Majlis Sukan Negara (MSN), Bukit Jalil	150 Peserta	Atlet, Jurulatih Dan Pegawai Sokongan Sukan Olahraga
15.		[Pol] Bengkel Pengenalan Anti-Doping	Zoom Meeting	77 Peserta	Pegawai-Pegawai KBS
16.		Kursus Sains Sukan Tahap 1	Webex Meeting	47	Peserta Kursus Sains Sukan Tahap 1 (07) 2021
17.		Kursus Sains Sukan Tahap 1	Webex Meeting	37	Peserta Kursus Sains Sukan Tahap 1 (06) 2021
18.		Kursus Sains Sukan Tahap 1	Kem Wawasan Negara Meru, Selangor	21	Peserta Kursus Sains Sukan
19.		Kursus Sains Sukan Tahap 1	Hotel Maluri, Cheras	20	Peserta Kursus Sains Sukan
20.	MEI	Webinar Education Road To Tokyo-RTT (Atlit, Jurulatih & Pengurus)	Zoom Webinar	40	RTT (Atlit, Jurulatih & Pengurus)
21.		Adamas Webinar Series: What You Take, It's Your Obligation	Zoom Webinar	223	Pelbagai Agensi/Komuniti
22.		Kursus Sains Sukan Tahap 1	<i>Online (Webex Meeting)</i>	30	Peserta Kursus Sains Sukan
23.		Siri Webinar Anti-Doping (Samco 2021 Webinar Series: Doping In Sports.	Facebook Live	100	Rwc Namco Sports Arbitration Mooting Competition 2021 / Pelbagai Agensi/Komuniti
24.	JUN	Webinar Whereabouts RTT Paralympic (Atlit, Jurulatih & Pengurus)	Zoom Webinar	40	RTT Paralympic (Atlit, Jurulatih & Pengurus)

25.		Athletes And Clean Sports: Do It The Right Way!	Zoom Webinar	100	Pelbagai Agensi/Komuniti
26.		Kursus Sains Sukan Tahap I	Webex Meeting	65	Peserta Kursus Sains Sukan, Perbadanan Sukan Sarawak
27.		Kursus Sains Sukan Tahap I	Webex Meeting	69	Peserta Kursus Sains Sukan , Akk, Isn
28.		Kursus Sains Sukan Tahap I	Webex Meeting	68	Peserta Kursus Sains Sukan Majlis Sukan Negeri Selangor
29.		Say No To Doping	Webex Meeting	50	Uum Angkatan Mahasiswa Anti Rasuah / Pelbagai Agensi/Komuniti
30.		Webinar Kejurulatihan Majlis Sukan Negeri Kedah Siri 1/2021	Google Meet	250 Orang	Jurulatih Msn Kedah, Pegawai Msn Kedah, Pegawai Jpn Kedah Dan Penggiat-Penggiat Sukan Di Negeri Kedah
31.	JUL	Sesi Wawancara Radio Topik : Demi Malaysia : Anti-Doping Dan Olimpik	RAKITA FM	20	Pendengar Radio
32.		Sesi Wawancara Televisyen Topik : Olimpik Tokyo 2020 : Menggapai Kejayaan Bebas Doping	Rtm	20	Penonton Televisyen
33.		Sesi Wawancara RadioTopik : Olimpik Tokyo 2020 Dari Kacamata Adamas	Bername Radio	20	Pendengar Radio
34.		Kursus Sains Sukan Tahap I	Webex Meeting	64	Peserta Kursus Sains Sukan, Majlis Sukan Negeri Sabah
35.		Kursus Sains Sukan Tahap I	Webex Meeting	47	Peserta Kursus Sains Sukan, Majlis Sukan Negeri Sabah
36.		Kursus Sains Sukan Tahap I	Webex Meeting	59	Peserta Kursus Sains Sukan, Akk, Isn
37.		Kursus Sains Sukan Tahap I	Webex Meeting	67	Peserta Kursus Sains Sukan, Majlis Sukan Negeri Sarawak
38.	OGOS	Kursus Sains Sukan Tahap 1	Webex Meeting	65	Peserta Kursus Sains Sukan Tahap 1 2021
39.		Kursus Sains Sukan Tahap 1	Webex Meeting	68	Peserta Kursus Sains Sukan Tahap 1 2021

40.		Kursus Sains Sukan Tahap 1	Webex Meeting	44	Peserta Karate
41.		Kursus Sains Sukan Tahap 1	Webex Meeting	67	Peserta Kursus Sains Sukan Tahap 1 2021
42.		Pre-Course Results Management	Zoom Meeting	30	Result Management Committee
43.		Webinar Refresher Course Educators Agensi Anti-Doping Malaysia (Adamas)	Zoom Meeting	36 Educators	Msn Negeri
44.		Kursus Sains Sukan Tahap 1	Webex Meeting	63	Peserta Kursus Sains Sukan Tahap 1 2021
45.		Kursus Sains Sukan Tahap 1	Webex Meeting	64	Peserta Kursus Sains Sukan Tahap 1 2021
46.		Kursus Sains Sukan Tahap 1	Webex Meeting	60	Peserta Kursus Sains Sukan Tahap 1 2021
47.		Kursus Sains Sukan Tahap 1	Webex Meeting	68	Peserta Kursus Sains Sukan Tahap 1 2021
48.	SEPT	Taklimat Pendidikan Asas Anti-Doping Program Pembangunan	Hotel Casuarina @ Meru, Ipoh	100	Persatuan Sukan Negeri
49.		Kursus Sains Sukan Tahap 1	Webex Meeting	68	Peserta Kursus Sains Sukan Tahap 1 2021
50.		Sesi Libat Urus #2 : Forum : Integriti Dalam Sukan	Zoom Meeting	98	Pelbagai Agensi/Komuniti
51.		Sesi Libat Urus #3 : Forum : Persekitaran Bebas Doping	Zoom Meeting	49	Pelbagai Agensi/Komuniti
52.		Kursus Sains Sukan Tahap 1	Webex Meeting	68	Peserta Kursus Sains Sukan Tahap 1 2021
53.		Kursus Sains Sukan Tahap 1	Webex Meeting	64	Peserta Kursus Sains Sukan Tahap 1 2021
54.		Kursus Sains Sukan Tahap 1	Webex Meeting	20	Peserta Kursus Sains Sukan Tahap 1 2021
55.		Sesi Libat Urus #4: Forum : World Anti-Doping Code Agenda Anti-Doping Sukan Rekreasi	Zoom Meeting	129	Pelbagai Agensi/Komuniti

56.		Sesi Libat Urus #5: Forum : Anti-Doping Dari Kaca Mata Penggiat Sukan	Zoom Meeting	176	Pelbagai Agensi/Komuniti
57.		Kursus Sains Sukan Tahap 1	Webex Meeting	61	Peserta Kursus Sains Sukan Tahap 1 2021
58.		Kursus Sains Sukan Tahap 1	Webex Meeting	68	Peserta Kursus Sains Sukan Tahap 1 2021
59.	OKT	Sesi Libat Urus #6: Forum ; Nilai Hak & Tanggungjawab	Zoom Meeting	48	Pelbagai Agensi/Komuniti
60.		Sesi Libat Urus #7: Forum : Kesihatan Dan Prestasi Tulen	Zoom Meeting	236	Pelbagai Agensi/Komuniti
61.		Sesi Webinar Pendidikan Asas Anti-Doping Adamas Bersama Persatuan Bola Sepak Malaysia (Fam) Liga Malaysia 2021/2022	Zoom Meeting	50	Persatuan Bola Sepak Malaysia (Fam) Liga Malaysia
62.		Kursus Sains Sukan Tahap 1	Webex Meeting	63	Peserta Kursus Sains Sukan Tahap 1 2021
63.		Seminar Anti-Doping Kebangsaan Dan Majlis Menandatangani Dokumen Deklarasi Peraturan Anti-Doping Kebangsaan 2021	Hotel Tenera, Bangi	64	Persatuan/Persekutuan Sukan Kebangsaan Majlis Olimpik Malaysia Majlis Paralimpik Malaysia
64.		Kursus Sains Sukan Tahap 1	Webex Meeting	63	Peserta Kursus Sains Sukan Tahap 1 2021
65.		Kursus Sains Sukan Tahap 1	Webex Meeting	63	Peserta Kursus Sains Sukan Tahap 1 2021
66.	NOV	Anti-Doping Education Webinar	Zoom Meeting	84	National Amateur Body-Builders' Association World Fitness Federation Malaysia (Nabba Wff Malaysia)
67.		Kursus Sains Sukan Tahap 1	Webex Meeting	63	Peserta Kursus Sains Sukan Tahap 1 2021
68.		Kem Latihan Atlet Sukma Wilayah Persekutuan	Universiti Sains Islam Malaysia (USIM)	83	Atlet Sukan Memanah, Angkat Berat, Tinju, Muay Dan Berbasikal
69.	DIS	Ceramah Pendidikan Anti-Doping Adamas-Persekutuan Lawn Bowls Malaysia	Podium KBS, Kementerian Belia Dan Sukan	25	Persekutuan Lawn Bowls Malaysia
70.		Sembang Petang Pengarah ADAMAS Bersama Pemain Futsal Wanita Melaka United	Sportizza Sport Of Home Subang	24	Pemain Futsal Wanita Melaka United

CONCLUSION

In total, the implementation of anti-doping education programs has been successfully implemented by ADAMAS as well as the parties that implement anti-doping programs of 70 programs covering 5661 athletes, coaches, athlete support group officers and recreational athletes. Of the total number successfully recorded, only 4476 people have been identified to have provided feedback on the effectiveness of the ADAMAS education program.

Government agencies as well as federations / national sports associations involved in the success of the ADAMAS education program are such as the National Sports Council, National Sports Institute, State Sports Council, Ministry of Education Malaysia, Royal Malaysian Police, Ministry of Health Malaysia, State Government (sports EXCO representative), Sports Center, Institute of Public Higher Education, Ministry of Higher Education, Sports Academy, State Sports Council, National Youth and Sports Department, State Youth and Sports Department, District Youth and Sports Office and Fitness and Recreation Associations (National), Malaysian Arbitration Institute, Malaysian Olympic Council, Malaysian Paralympic Council.

The report regarding Anti-Doping Education & Learning (ADEL) cannot be stated yet as ADAMAS has not yet received confirmation to sign as a Power User in Anti-Doping Education & Learning (ADEL) from the Cabinet Council. ADAMAS is still working to ensure that representatives from ADAMAS, Malaysia will be able to be a Power User to facilitate the production of reports of users who receive anti-doping education on the Anti-Doping Education & Learning (ADEL) platform.

Due to the covid-19 pandemic situation that hit the world, most of the programs could only be implemented online as well as some of the planned programs could not be implemented. Nevertheless, planning for face-to-face programs such as Value Based Educational Programs to Sports School students and athletes who will return from sanction will be implemented in 2022.