Checklist for Therapeutic Use Exemption (TUE) Application:

Asthma

Prohibited Substances: Beta-2-agonists

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

☐	**TUE Application form** must include:	
	☐	All sections completed in legible handwriting or typing
	☐	All information submitted in English
	☐	A signature from the applying physician
	☐	The Athlete's signature
☐	**Medical report** should include details of:	
	☐	Medical history: symptoms of airway obstruction, provocative stimuli, aggravating factors, exacerbations, age at onset, course of disease under treatment (specify)
	☐	Findings on examination: airflow obstruction at rest, exclusion of differential diagnoses
	☐	Summary of diagnostic test results: spirometry, if spirometry normal, include reversibility test, if both normal, include provocation test
	☐	Interpretation of symptoms, signs and test results by respiratory physician
	☐	Beta-2-agonists (except for salbutamol, salmeterol, formeterol by inhalation and in therapeutic doses, all are prohibited at all times) and/or glucocorticoids (only prohibited in-competition and when given systemically) prescribed including dosage, frequency, administration route
	☐	Response to treatment with previous/current medication
☐	**Diagnostic test results** should include copies of:	
	☐	Spirometry report with flow curve
	☐	Spirometry report with flow curve after bronchodilator administration (reversibility test) if above spirometry shows normal findings
	☐	Documentation (incuding spirometry report with flow curve) of a recognized provocation test if both spirometries above show normal findings
☐	**Additional information** included (not mandatory)	
	☐	Peak flow log, allergy test results, previous spirometry and provocation tests results